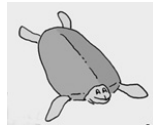


Healthy Bodies, Healthy Bays



5k Race Registration Form



Brought to you by:

Southampton College and the Peconic Estuary Program

The 5k run will take place along Long Beach in Sag Harbor

April 24, 2005

Check-in at 9am Race Starts at 10am Awards at 11:45am

All proceeds go to support the

Cornell Cooperative Extension Youth Marine Education Programs

Pre-registration Fee (by March 31 2005): \$20

Registration on Race day: \$25

Free youth marine
education activities
starting at 10:45am

Senior citizen (over 65) and youth (12-17) registration: \$15

Awards for top men & women in each division (12-17, 18-29, 30-39, 40-49, 50-59, 60+)

You can also compete as a pair or group of 5. Race timing by Fit Results (www.fitresults.com)

Join us on the shore of Noyak Bay from 9-noon for food, vendors, great prizes, educational activities, races for kids, and *much* more!

Registration Information

Name _____

Address _____

E-mail _____

Phone _____

Sex _____ Age _____

T-shirt size:
S M L XL

I am competing as: an individual a pair

a group of 5 Check at least one box and
list any race partners on back

I, the undersigned, will personally be held responsible for injury or illness occurring during the event and will not hold Southampton College, Long Island University, the Peconic Estuary Program, Fit Results, East End Road & Trail Runners Club, or any other race sponsors responsible for any such matters. I also agree to allow photos taken of me on race day to be used in press coverage of the event.

Make checks payable, and send, to:

Southampton College

c/o Healthy Bodies, Healthy Bays

239 Montauk Hwy

Southampton, NY, 11968-4196

Fax: (631) 287-8419 Phone: (631) 287-8091

Signature _____

Date _____

Signature of Parent/Guardian if <18. _____

Date _____

For more info visit our web site at <http://www.peconicestuary.org/raceforthepeconic.html>